

PSHRE/RSE 2026 Draft Curriculum Review — Brief Summary of Proposed Changes

Year group	Current Topics	Main proposed changes
Year 7	Identity, kindness, stereotypes, puberty, online safety, vaping, friendships, boundaries, bullying and transition.	Add/strengthen vaping harms, loneliness, ending friendships kindly, respectful relationships, personal safety, and marriage, cohabitation and civil partnerships in SPR2.
Year 8	Equality, LGBTQ+, gender equality, ableism, racism, relationships, mental health, body image, county lines, cyberbullying and grooming.	Add/strengthen misogyny, sexist jokes, incel culture, harmful influencers, consent beyond yes/no, AI chatbots/fake intimacy, illegal online behaviours, and unhealthy weight gain risks.
Year 9	Consent, relationships, domestic abuse, STIs, contraception, sexual harassment, stalking, drugs, radicalisation, extremism and finance.	Strengthen consent, power imbalance, pornography influence, AI-generated sexual imagery, deepfakes, sextortion, image-based abuse, public sexual harassment, and healthcare access.
Year 10	Fake news, hate crime, gambling, knife crime, child sexual abuse, employment rights, women's rights, sexting, pornography, unhealthy relationships, sexual assault, STIs, contraception and marriage.	Add/strengthen deepfakes, AI misinformation, sextortion, pornography harms, strangulation/choking, harmful sexual behaviour, virginity testing/hymenoplasty, and cohabitation/civil partnerships.
Year 11	Post-16, CVs, social media, exam stress, screen addiction, group chats, pregnancy choices, STIs, contraception, sexual health and peer-on-peer abuse.	Add/strengthen PrEP, PEP, STI stigma, sexual health misinformation, confidential services, pregnancy/reproductive health, and rename peer-on-peer abuse to child-on-child abuse and harmful sexual behavior.