

Finham Park Sixth Form Enrichment Choices



FINHAM PARK
SIXTH FORM

Please read this booklet
before enrolment.

Enrichment Lessons

Every fortnight students will study one period of enrichment. Depending on their choices, they will either do the same subject all year, or pick one per term. Please read the options thoroughly before you make your choice because we will not be able to keep making changes. You will need to pick a first choice and reserve.

The following enrichment choices are a full year commitment.

1. Gold Duke of Edinburgh's Award - Full Year

At Finham Park School we are proud to be able to offer The Gold Duke of Edinburgh Award as an enrichment activity to Sixth Formers. The Duke of Edinburgh Award is a Nationally recognised qualification for young people.

At Gold level this involves five sections: Volunteering, Skill, Physical, Residential and Expedition. You must participate in a physical activity, volunteer in the community, and develop a skill for an hour a week. For the residential section you must spend five days and four nights working with other young people towards a common goal.

The final and most well-known section is the expedition. To complete this you must undertake an adventurous journey through the British countryside. Throughout the four days of your qualifying expedition you will spend time hiking, camping and exploring with your team. Before the qualifying expedition you must complete a practice expedition and training on first aid, map reading and camp craft.

If you select this option, it will involve attendance at after school Enrichment sessions and some weekend sessions. We will provide all necessary training for you to safely complete the expedition whilst being self-sufficient.

To participate in the Duke of Edinburgh Award through the school there will be a cost of £350, part of which may be refundable.

You should only apply to do this as your enrichment activity if you are genuinely interested and if you are able to see it through. Completing the Duke of Edinburgh Award takes a lot of hard work, dedication and resilience. Benefits to the award include making lifelong friendships, developing teamwork skills, an excellent award to put on UCAS applications or CVs and an invitation to Buckingham Palace to receive your Certificate.

If you would like more information, please take a look at www.dofe.org or email Mr Sheikh at s.sheikh@finhampark.co.uk

2. Level 2 Community Sports Leadership Course – Full Year

This course aims to develop a participant's ability to plan and lead a range of different sporting activities. Furthermore, participants will develop their ability to evaluate their leadership and delivery of sporting activities, to enable them to develop and improve their leadership. To be successful in this course, participants will need to complete leadership sessions in their enrichment lessons and commit to supporting an enrichment activity delivered by the PE department. In order to pass and obtain the qualification, participants must complete both a number of hours of learning time and display a number of hours delivering a sporting activity. This course is suitable for anyone who is looking to develop their leadership or who is looking to pursue a career in sport.

The following enrichment choices last **one term**; students will pick three for the year.

1. Sports

Students can pick from a number of seasonal team sports to play; the selection varies each term but could include Football, Rugby, Netball, Hockey, Basketball, Tennis, Softball, Cricket, Dodgeball, Handball. These sessions are fun wellbeing sessions, giving the students a chance to run around and do some exercise to support their mental and physical health.

2. An introduction to Philosophy

We are incredibly fortunate to have been offered a funded Philosophy course run by the Institute of Philosophy (University of London). A lecturer will join the sessions remotely, and facilitate interesting discussions whilst teaching the basic concepts. Please see this website for more information: <https://www.sas.ac.uk/about-us-6/institutes-and-centres/institute-philosophy>

3. DIY skills

Students will learn how to use DIY equipment such as drills and saws, will learn how to do some basic painting and decorating, and how to do simple home improvements. Essential life-skills in a safe school environment.

4. Book Club

Run by Mr Bates, the school's amazing librarian, students will choose a book, read a few chapters each week, then spend time discussing the text. Another brilliant wellbeing option. For more information contact p.bates@finhampark.co.uk.

5. Board Games and Chess

The school provides a box of board games or students can bring their own. This will be time for students to play games in groups or pairs. Another good wellbeing option.

6. Yoga

These sessions are delivered by a qualified Yoga Instructor. This will be an opportunity to unwind and provide help with mindfulness away from the study of A-Level subjects.

7. Hello China!

Indulge yourself in a series of sessions where you can experience the culture of China by engaging in activities such as calligraphy, learning the art of origami, arts and crafts including tai-chi fan making along with learning a few basic Mandarin phrases.

Academic Enrichment

We offer various academic enrichment options; students can choose these when they enrol.

1. Extended Project Qualification

What is it?

It is an in-depth study which can take the form of an experiment, extended essay, performance or project. It is an external qualification graded A to E. It is an independent learning opportunity unlike anything else available to you in the school curriculum. Students studying the EPQ will have one lesson per fortnight of taught content, and will otherwise study independently. Do remember the EPQ is hard work so please think carefully about whether you will have time to study it alongside your A Level or BTEC options. More information can be found here:*

<https://www.aqa.org.uk/subjects/projects/project-qualifications/EPQ-7993>

What skills will it help me to develop?

To list just a few: Independent learning; Creative thinking; Reflective learning; Problem solving; Self-management; Effective participation; Team working; Structured writing; Confident communication; Use of Technology

What will I have to do?

Identify, design, plan and complete an individual project, applying a range of organisational skills and strategies to meet agreed objectives. Obtain, critically select and use information from a range of sources; analyse data, apply it appropriately and demonstrate understanding of any relevant, connections and complexities of the topic. Select and use a range of skills, including new technologies, solve problems, take decisions critically, creatively and flexibly, to achieve planned outcomes. Evaluate outcomes both in relation to agreed objectives, as well as own learning and performance. Select and use a range of communication skills and media to present evidenced outcomes and conclusions in an appropriate format.

How should I choose a subject?

Choose a subject which you are interested in and enjoy. It cannot be a specific area covered in any of your A Level units. Think about how this may help your university application or show a breadth of interest and knowledge. Remember that a word limit of 5000 words is not very much – you will need to limit the area you are investigating. Think about how to formulate a question to research – be specific about what you want to prove or find out – see the examples in the introductory presentation masterclass in the student’s shared drive under EPQ.

How much time would I spend on it?

It is recommended by AQA that you spend up to 120 learning hours on your project. This includes meetings with your supervisor, planning, researching, organizing, writing and drafting. Of these 120 hours the school offers up to 30 hours of training in research techniques and project management skills, as well as guidance on writing up the project and giving your presentation.

How long should it be?

All students must submit a written report for assessment between 1000 and 5000 words. The exact length of each written report will depend on the nature of the project, the subject area chosen and the other evidence provided. A project which consists solely of written work should be approximately 5000 words: for example, an investigation, exploration of a hypothesis or extended essay or academic report. Projects where the majority of the evidence is provided in other formats should include a report or record of work undertaken which is at least 1000 words.

2. Core Mathematics

Core Maths is specific type of level 3 maths qualification it is equal in size to an AS level qualification and is graded A-E. They have the same number of UCAS tariff points as an AS level qualification.

Core Maths is intended for students who have passed GCSE Mathematics at grade 4 or above, but who have not chosen to study AS or A level Mathematics. It is studied over a two-year period and is taken alongside A levels or BTEC qualifications.

Studying Core Maths helps students develop their quantitative and problem-solving skills. This is valuable preparation for the quantitative skills they will need for many degree courses, particularly subjects such as psychology, geography, business-related courses, sports and social sciences, and natural science courses that do not require AS/A Mathematics.

Core Maths content

- *interpreting solutions in the context of the problem*
- *understanding sources of error and bias when problem-solving*
- *working with data*
- *understanding risk and probability*
- *understanding variation in statistics*
- *using exponential functions to model growth and decay*
- *percentage change*

- *interpretation of graphs*
- *financial maths*
- *using standard units*
- *Fermi estimation*
- *the Normal distribution*
- *correlation, knowing it does not imply causation*
- *making and evaluating assumptions when modelling or problem solving*

Period 6+ Talks

On Monday afternoon between 15.15 and 16.15 we host an outside speaker. Some of the talks are related to careers, some to A Level subject content, and some are just interesting people. We believe strongly that students should not limit their knowledge acquisition to their A Level subjects, and should strive to develop a love of learning. To this end, we require students to sign up for, and attend, three talks per term. The autumn term programme is below.

Date	Speaker	Talk Title
9th September	Germain Ndaruhutse	Surviving the genocide in Rwanda
16th September	Mark Fannon	Research methods
23rd September	Naomi Davies	Careers in physiotherapy
30th September	Jack Eaves	Applying for medicine, dentistry and veterinary medicine
4th November	Jim Davies	Working for the environment agency
2nd December	Connor Heath	Working for JLR
9th December	Patrick Dale	Applying to Oxbridge
tbc	Brett Sanders	Professor from Coventry University
tbc	Ian Prentice	On overcoming the mountains (inc. Everest) to become a self-made millionaire
tbc	Maggie Webster	Witches and Paganism

Students should expect to pick their three (or more) talks when enrolling on results day.

If you have any questions about the information in this booklet please contact p.shepherd@finhampark.co.uk or a.gosal@finhampark.co.uk Good luck for your results and we look forward to seeing you soon.